

Single Parent Responsibilities and Efforts to Children Education: Analysis of Physical, Intellectual and Spiritual

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ABSTRACT

Researchers observed that mothers have a large role and responsibility, and single mothers need to be taken seriously in various ways. Therefore, this research aims to answer how child care should be carried out by a single parent, in this case, the mother, considering that a mother's role is very important in educating children. The research method used is qualitative research which produces descriptive data, namely by using a review of documents (books, journals, research results) that are relevant to the research. Following the data obtained and also based on the nature of this research, namely descriptive, the author uses qualitative methods, namely non-statistical. Data analysis is carried out in the following steps: data reduction, data display, and drawing conclusions or verification. The research results state that the concept of a single parent refers to an individual who carries out the role of caring for children in a family structure without the involvement of a husband or life partner. Mothers as single parents can instill three forms of basic education in their children, namely physical, intellectual and spiritual education. The role of single parents as those responsible for children's education today can introduce the importance of maintaining health (physical), directing children on the right path to achieving success in life (intellectual), and educating and understanding children about religion and beliefs (spiritual).

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INTRODUCTION

In today's society, single parent families are often found, which is caused by divorce, death, or other reasons in many cases in many places. Single parents are not only responsible for the education and health sectors but also a very important economic sector. The economic sector includes the economic strategies used by single parents to meet the family's basic needs in their household economic activities as a single parent. There are several definitions of single parents, where they are women who have to become single parents for their children due to divorce or the death of their partner. The task of being a single parent, especially for a woman, becomes more difficult. The role of a single mother includes the task of being a mother and father for her children in the household, including preparing for the child's needs, providing attention, affection, guidance, upbringing, religious education, and moral ethics, as well as all other tasks that should be carried out by a single mother if in an intact family [1].

Education can be obtained anywhere, for example within the family environment. One of the smallest institutions which is the first environment known to humans from birth is the family. The family is the earliest group that can shape a child's personality, character and behaviour. The family is a vehicle for experience which is the basis for a child's development, so it will influence various aspects of the child's personality development and behavior. Besides that, A child will grow and develop under the care and guidance of parents. Children will imitate, understand and carry out the norms that exist in the family environment. The norms that exist in a family are the creation of their parents and are a

tool to direct and shape their children's personalities and behaviour. They use the norms set by their parents as boundaries in their daily lives, determining what things they are allowed to do or what their parents prohibit [2].

It is important for a parent, especially a mother, to realize that each child is a unique person, each child has different talents. A parent's responsibility is to recognize the potential of each child and create a climate or atmosphere within the family to foster and realize that potential. The role of parents is very important in educating children, especially when the children are still at an early age (toddlers). Logically, childcare is more controlled and directed when family members are still intact. This means that the influence of the child is still carried out by the father and mother. The problem is family, raising children is also influenced by economic conditions. It is understandable that if child care is carried out by a single parent (mother), it will certainly be very difficult [3].

The problem will be different between raising children by a single parent mother and raising children by a single-parent father. In Indonesian society, the role of a mother is very large. So, if there is a lack of intensity in caring for children as a result of being a single parent, the parents' attention to their children will decrease. Insufficient attention will provide opportunities for children to form behaviour outside the values taught by their parents. If this happens, how should the child's care be carried out by a single parent, namely the mother? remembering the role of a mother is very important in educating children [4].

There has been a lot of research discussing single parents (especially mothers) in educating children, such as research conducted by V. K. Heintz-Martin & A. N. Langmeyer. In their research, they suggest that single-parent families and stepfamilies are more vulnerable to being below the poverty threshold. Regarding our second set of analyses, the results suggest that stepchildren and children in single-parent families are more at risk for problem behaviour than children in nuclear families. Moreover, both groups experience financial strains [5]. Likewise, research conducted by G. E. Kim & E. Kim, who in their research stated that higher education level was associated with higher QOL in both groups. Unlike in married mothers, the type of residence and occupation (related to the economic level) had a significant impact on QOL in single mothers [6]. In Indonesia, research specifically discusses single parents, specifically single mothers, such as joint research conducted by W. Djap and team. In their research, they show that mothers have strong resilience because they adapt to conditions and need support from family, friends, and the environment [7].

Based on the background and results of a review of previous research, researchers observed that mothers have a large role and responsibility, and single mothers need to be taken seriously in various ways. Thus, researchers believe that the way mothers as single parents will be different in educating their children. Based on the description above, the author considers it necessary to carry out this research [8], [9].

LITERATURE REVIEW

Table 1. Literature Review: Single Parent Responsibilities and Efforts to Children Education: Analysis of Physical, Intellectual, and Spiritual

Aspect	Description	Sources
Responsibilities	food, clothing, shelter, and healthcare.	parenthood challenges; child development theories.
Efforts	Ensuring children’s physical well-being through nutrition and health checks.	Studies on family health and nutrition in single-parent households.
	Balancing work and caregiving responsibilities.	Research on work-life balance for single parents.

Intellectual Responsibilities	Supporting children's education and cognitive development.	Literature on parental involvement in education; child psychology studies.
Efforts	Supervising academic activities and ensuring school attendance.	Educational journals addressing single parents' roles in education.
	Encouraging extracurricular participation and skill- building.	Studies on the importance of extracurricular activities.
Spiritual Responsibilities	Guiding children’s moral and spiritual development in line with cultural or religious values.	Articles on spirituality in parenting; cultural family studies.
Efforts	Encouraging prayer, worship, or religious practices.	Research on religion's role in single-parent families.
	Teaching ethics, empathy, and discipline through example and discussion.	Studies on moral education in single-parent households.
Challenges	Financial strain, emotional stress, and limited time to fulfill multiple responsibilities.	Articles on socio-economic challenges of single parents.
Strategies for Success	Seeking community support or counseling.	Studies on the role of community programs for single parents.
	Building strong communication and trust with children.	Literature on parent-child communication strategies.

This table synthesizes relevant literature, categorizing responsibilities and efforts under physical, intellectual, and spiritual domains, while addressing challenges and strategies for single-parent households in educating children.

METHODOLOGY

This type of research is qualitative research which produces descriptive data. The approach method used is a qualitative approach, namely a method that uses a review of documents (books, journals, research results) that are relevant to this research to produce a discourse that can be useful for everyone [10]. This research is inductive, the researcher allows problems to emerge from the data or is left open to interpretation. Data was collected through careful observation, including descriptions in detailed context as well as the results of analysis of documents and notes. Following the data obtained and also based on the nature of this research, namely descriptive, the author uses qualitative methods, namely non-statistical. This method is used by the author to analyze data in the form of inductive information, not data in the form of numbers [11].

Miles and Huberman stated that activities in qualitative data analysis are carried out interactively and continue continuously until completion so that the data is saturated. In research on the responsibilities of single parents and children's education efforts, data analysis was carried out using the following steps: a) Data reduction, namely sorting out which data is the formal object of the theory used to dissect the phenomenon; b) Data display. The presentation of this data is carried out after the data has been selected, which ones are

important and have something to do with the research focus, namely Single Parent Responsibilities and Efforts to Children's Education. The process of presenting this data is carried out systematically to make it easier to understand and draw conclusions; c) Conclusion drawing or verification. From the data that has been reduced and presented, conclusions will then be drawn. The conclusions drawn are answers to the problem formulation in this research [12].

RESULTS AND DISCUSSION

Single Parent Phenomenon

Single parenting is a phenomenon that occurs in several regions. Not only cities but also villages also have many incidents like this. And create a new view of the family structure. As the phenomenon of being a single parent expands, there are more and more descriptions of the definition of single parenthood itself. The definition of a single parent in terms of terminology is a parent who cares for and raises their children without the presence and support of their partner. In general, single parents care for and raise their children alone without the help of a partner, either husband or wife. Single parents have a very big responsibility in managing their families. Single parent families have the most complicated problems compared to families with a father and mother. Single parenthood can occur due to divorce, death and changes in family functions [13], [14].

Parents as single parents must carry out multiple roles for the survival of the family. Single parents must be able to combine domestic and public work well. Parents whose status as single parents must earn money to support their family and also fulfill their family's love needs, they must carry out careful planning in carrying out their dual roles. Meanwhile, a single parent family is a family that only consists of one parent, where they alone raise their children without the presence, support, and responsibility of their partner and live and be with their children in one house [15].

Talking about single parents can be related to the meaning of someone independent. Independent single parents can raise their children alone without the presence, support and responsibility of their partner. Of course, this is due to external factors, such as divorce, death and being a worker abroad for many years. Life as a single parent is something no one expects. A complete family with a father figure who is a protector or a mother who provides a touch of tender love is always acknowledged to be a dream [16].

Many causes result in the complete role of parents in a household being imperfect. This can be caused by many factors, one research result states: a) if one partner dies (husband or wife), the surviving partner is automatically referred to as a single parent; b) if one partner leaves the other partner (husband or wife) for a long time. For example, a husband or wife who has to go to another island or to another city to get a more decent job; c) which is more common due to the consequences of divorce. One of the causes of single parenthood that is focused on here is parents who do all the tasks in the family (for example, the husband's obligation to earn a living should be done, but the wife must do it, or the wife's obligation to do chores at home should be done, but the husband should do it) [17].

There are two types of single parents; first, Single Parent Mother, namely the mother as a single parent who must replace the father's role as head of the family, decision maker, and breadwinner in addition to his role of taking care of the house, household, raising, guiding and meeting the child's psychological needs. Second, Single Parent Father, namely the father as a single parent must replace the mother's role as a housewife who does household work. So, a single parent family is a family led by only one leader. Whether it is the father or mother due to divorce, death and change of function of each parent. This research focuses on single parent mothers [18].

Apart from that, the environment in which single parents are raised is also a determining factor that can influence single parent parenting patterns. Because every individual will naturally respond to past experiences as part of the character they will carry into adulthood. So, children who are raised with this parenting style will most likely also apply the same parenting style. In addition, single parents will usually feel more pressure than intact parents in their parenting

abilities as parents in general. This parental ability can later influence how parents care for their children, which will influence the child's psychological development from various aspects [13].

In the past, the average family positioned each wife to remain focused on the household and family management under certain conditions. So, a father may be expected to be directly involved in raising children without reducing his obligations as head of the family and earning a living for his family. In its development, the single parent category can shift because it is influenced by the roles of family members which must also shift. Traditional society can change lifestyles, social roles, types of work and work areas. Because all the behaviour of parents will be imitated by children because children are great imitators [19].

Mother's Existence as Single Parent

Talking about the existence of single parent mothers in Indonesia has indeed drawn various views. Another meaning regarding the existence of single parent mothers can be understood as a way for single parent mothers to find understanding and meaning in life. The current condition of single parent mothers in society is that when a mother is separated or abandoned by her partner, she will assume the status of a single parent mother due to divorce or death. This condition brings an understanding from single parent mothers to be able to survive and give meaning to their lives to continue living each day with resilience and strength together with the child she is caring for. The existence of a single parent mother's figure for her children and her small family is a real form of the mother's existence as a single parent. In Indonesia, people consider the figure of single parent mothers to show their existence to protect their small families [20].

This is proven, mothers as single parents represent strong women who can survive in all circumstances. The figure of a mother as a single parent shows her strengths in being able to prove that women are not only worthy of taking care of domestic matters but are still able to play a public role. The existence of mothers as single parents has become a reality that women, despite their social status as widows, still have the enthusiasm to fight for the quality and welfare of their family's lives, especially if they are single mothers raising children. In its journey, mothers as single parents play a dual role, both as breadwinners for the lives of their small families, as well as companions who care for their children. A mother's love is proven to not fade even though she has to play multiple roles [21].

Indeed, every single mother will feel the various dynamics of being a single mother. They have to overcome various problems and challenges, whether they like it or not, whether they are ready or not. They have to deal with various challenges, such as financial problems, mother as a single parent means having to be ready to divide your time to carry out the dual role of head of the family and driver of the family economy [22].

There are many reasons why someone can have the social status of a single parent, generally, this is due to divorce or death. Unfortunately, the social construction of society today seems to be different in viewing the figure of the mother as a single parent. This can be seen in single mothers who are the result of the death of their husband or partner seem to be more accepted by the local community. This condition will feel different if the mother becomes a single parent and the backbone of the family when it is caused by a divorce or being divorced by her husband. The loss of one of the family members cannot be tolerated by the surrounding environment, which results in social criticism and stigma highlighting the life of a single mother. As a result, being a single parent, especially as a single mother due to divorce, is a phenomenon that often gets slanted views from society due to the social status of being a widow. In reality, the existence of a single mother will always be associated with various slanted views from society [14].

Single parent women experience adjustments that are very necessary in carrying out their duties as housewives and as fathers to earn a living. Apart from that, his role in social life in the environment where he lives is that various problems in social life and problems in the family should be discussed together with your husband, so you have to think about it and find your solution. This has an impact on the ecology which sometimes creates stress with conditions that

feel like they are oppressing their lives. Single parent women must make small changes in their lives and families so that they can adapt to the conditions they are currently experiencing, so that over time they become accustomed to these conditions [6].

Being a single parent woman is also a problem that must be considered. Because single parent women are parents who are different from parents in general. They are great parents who fend for themselves, are the backbone of the family, and do everything they can to maintain their family's resilience. Starting from earning a living, caring for, raising and educating their children, everything is done by themselves without help from their partner [23].

Concept of Educating Children

A child is a jewel in the souls of his parents who has many potentials and characteristics and is still in the possibility of development because all of this is still hidden in his soul which was created by Allah who can accept good and bad. Besides that, in Islam educating is seen as a very noble task. Therefore, Islam places people who believe and have knowledge at a higher level compared to other humans because they are people who believe and have knowledge (ulama') [24].

It is the successor to the duties of the Prophets and Apostles to educate humanity according to Islamic education experts. In general, the task of educators is educational activities in the form of teaching, training, guiding, directing, encouraging or motivating, praising, giving exemplary examples and getting used to commendable things. Islam provides messages and morals for parents regarding their children's education. Parents must direct and educate their children in a good direction and provide moral provisions so that their sons and daughters are guided to become children who can be proud of in the future before Allah. Because the responsibility to educate and direct their sons and daughters falls on both parents and educators, on the Day of Judgment. Allah SWT will hold both parents accountable for their leadership [25].

A child's maturity also provides the necessary sensory equipment and brain structure, but experience is still needed to develop a child's abilities. This is due to the typical way of thinking of children at kindergarten age, namely: 1) Children cannot think reversibly or can only think in one direction based on the child's point of view; 2) Children are still selfish, that is, they think what they think is right even though it does not match reality; 3) Imaginative thinking, namely thinking imaginatively as if it were happening; 4) Egocentric language, namely having a dialogue with oneself, meaning focusing on oneself; 5) Having a high self, meaning oneself as the centre or measure in viewing the world. Children are not yet able to see other people's perspectives. It is focused, if a child is confronted with a multidimensional situation, he will only focus his attention on one dimension; 6) Semilogical reasoning, namely when thinking can provide logical considerations even though it is still simple, for example, being able to classify objects that have striking characteristics and not being able to understand various objects that have similarities [26].

Children in general already have a sense of divinity. This feeling plays a very important role in the child's personality. Feelings at this age are fundamental for the development of feelings of divinity in the following period. Along with the development of children's cognition, emotions and language. So, to help the development of religious awareness, parents as the first environment for children should do the following:

First, introduce religious concepts or values to children through language, such as feeding, breastfeeding, bathing, powdering, dressing children, say bismillah, and reciting hamdalah, when finished. Likewise, when carrying or putting him to sleep, before going to sleep, read the tarbiyah sentences, dhikr and prayers of the Prophet SAW [27], [28]. Second, treat children with love. This is important because at this age an understanding of God's love has not yet developed. Through parental love, children will have an attitude of trust in their parents. And be positive about what his parents say. These attitudes will have a huge influence on children's religious awareness. Children will develop the concept that religion is something fun. Third, set an example in practicing religious teachings well, because children

can imitate the appearance or actions of other people. Because parents must set a good example and practice religious values for their children. Examples of exemplary behaviour include practising prayer, saying prayers, speaking politely, maintaining cleanliness and so on [29], [30]. Therefore, the concept of Islamic education for family children needs to be seriously instilled. Because the family is the first and main place of education, education in the family plays a very important role in developing a child's character, character and personality, as well as parents being responsible for educating children [4].

The Role of Mothers as Single Parents in Educating Children

There is no difference in responsibilities between mothers as single parents who do not have a career and those who do. There is no difference in responsibilities between mothers as single parents who do not have a career and those who do. A mother as a single parent, whatever her profession, is still a coach and educator in the family, so she needs to provide education that makes the children safe, peaceful and prosperous. In this way, three educational pathways must be implemented by single parents, including:

a. Physical Education

Mothers as coaches not only develop muscles and energy in children, but mothers must pay attention to the biological potential that grows from their bodies. Just like mothers pay attention to children's food patterns. Because it should be noted that food is very important for a child's growth and development, a mother, too, must pay attention to her child's needs, when and how to sleep well. Because sleep is a need that influences growth, children are accustomed to sleeping lying on their right side. Likewise, mothers must pay attention to the need for clothing and how to wear it, that is, children are accustomed to starting from the right side or with the right hand. Mothers must also train their children with healthy and refreshing sports games such as running and swimming [31].

Physical education is essentially an educational process that utilizes physical activity to produce holistic changes in individual quality, both physically, mentally and emotionally. Physical education treats the child as a complete unit, a total being, rather than just considering him as a person with separate physical and mental qualities. Physical education for children is implemented as a tool for achieving national education goals, covering cognitive, affective, psychomotor and physical aspects. The provision of physical education learning experiences is directed at forming a healthy and active lifestyle throughout life. Physical education learning in general is a complex thing so it requires the right thinking to carry it out. Physical education learning is part of education as a whole. So, it can be concluded that physical education learning is education through physical activity to achieve the learning goals you want to achieve [32], [33].

In addition to paying attention to children's physical needs through food, sleep, clothing, and exercise, the mother's role as a coach also includes shaping the child's character and discipline through these activities. For example, habituating a child to sleep on time, eat regularly, and dress properly will establish a structured lifestyle from an early age. On the other hand, sports like running and swimming not only train physical strength but also build the child's self-confidence, teamwork, and mental resilience. Therefore, the physical education provided by the mother at home is not only aimed at improving physical fitness but also serves as a means to shape the child's personality in a comprehensive manner—physically, emotionally, and socially. This approach aligns with the essence of physical education itself as a holistic educational process through physical activity

b. Intellectual Education

Mothers as single parents need to teach and familiarize their children with gaining knowledge as a source of civilization and science and direct them to study the Qur'an and prophetic history at an early age. Just like Al-Ghazali in training children to memorize the Qur'an from an early age, because young children are like blank paper, which can be filled with various writings. In fact, in society, there is an opinion that someone who has high intellectual

intelligence means that person will be successful in life. Conversely, a person with a low level of intelligence is identified with failure, a bleak future, or in the realm of school, it will be associated with not having an understanding of the material being presented [34].

Intellectual intelligence is the ability needed to carry out various mental activities, think, reason and solve problems. At that time, this intelligence was a single intelligence possessed by every child and essentially only related to the cognitive aspects of each child. However, the condition of intellectual intelligence between one child and another is different. This difference does not at all mean that children with low intellectual intelligence are weak children and conversely that children with high intellectual intelligence are strong people. The differences in the level of intelligence possessed by each child can be reflected in the behaviour and actions they perform. Differences in the level of intelligence of each child can occur due to factors that influence the child's level of education. Therefore, intellectual intelligence is an intelligence possessed by humans with intellectual education as the path. When observed more deeply, basically intellectual education cannot be observed directly but must be inferred from various concrete actions which are manifestations of the rational thinking process [35].

In addition to guiding their children towards acquiring knowledge as a foundation of civilization and science, mothers as single parents play an important role in shaping their children's intellectual and moral development. Just as Al-Ghazali emphasized the importance of early Qur'an memorization, it is essential that children's early years are filled with meaningful educational experiences that align with both intellectual and spiritual growth. Teaching children to value knowledge early on provides them with the tools to navigate the complexities of the world, forming a strong intellectual foundation.

Moreover, while society often equates high intellectual intelligence with future success and low intellectual intelligence with failure, it is important to understand that intellectual intelligence does not solely define a child's potential. Intelligence is not limited to academic ability but also encompasses emotional and social dimensions that influence how children respond to various life situations. The differences in intelligence levels from one child to another are natural and should not be seen as indicators of strength or weakness, but rather as variations in the way each child processes information and interacts with the world. Intellectual education must therefore be viewed in a broader context, recognizing that education fosters rational thinking, critical reasoning, and problem-solving skills, which ultimately define a child's capacity to contribute to society in various ways.

c. Spiritual Education

In the human soul there is a strong potential, namely the rabbani potential which can bring the Khaliq (Allah SWT) and humans together. As Allah SWT says in Surah Al-Hijr verse 15: *"So, when I have perfected (the event), and I have breathed My spirit (creation) into it, then bow down to it by prostrating."* This command explains to every human being that after Allah SWT gave the perfection of His creation to humans by breathing the soul into humans. So, Allah SWT ordered humans to submit to Him by obeying His commands and prohibitions and the greatness that Allah SWT has, so that there is a strong potential between humans and the Khaliq (Allah SWT). As for mothers, as single parents, they must be the guardians of their children's spiritual education, and encourage their children to enjoy the natural surroundings by contemplating and appreciating the greatness of God in His creation. In this way, it arises in the child that the greatness of Allah SWT needs to be realized solely by worshipping Allah SWT, of course with the guidance of the mother. Karimullah etc. stated that mothers as guardians in the family need Islamic education [36]-[38].

In Islam, Allah SWT calls on humanity to live in balance between happiness in this world and the afterlife. It is not only the pursuit of the afterlife to enter heaven, but efforts and hard work are also undertaken, so that an economic life can be achieved well and with blessings. As a single parent, don't let your children live neglected because the mother cannot properly support the children in economic problems. For this reason, the mother's role as a coach is to encourage children to live independently without often depending on other people, and children are also

accustomed to living well from a young age by being thrifty and using things that already exist without excessively [39], [40].

In addition to the spiritual education that mothers must instill in their children, it is equally important for them to nurture a sense of gratitude and responsibility toward the Creator and the world around them. The spiritual potential within the human soul, which connects them with Allah SWT, is a powerful force that can guide their actions in life. As Allah SWT mentions in Surah Al-Hijr, verse 15, by breathing His spirit into humans, He granted them the perfection of creation. This connection compels human beings to submit to Allah SWT, which includes living a life of obedience to His commands and reflecting on the beauty of His creation. For mothers, especially as single parents, guiding their children to appreciate and contemplate the natural world is an essential part of spiritual education. It helps children understand that worship of Allah SWT is not just a ritual, but an acknowledgment of His greatness in everything around them.

Furthermore, Islam encourages a balanced life, where efforts for success in this world are equally important as those for the afterlife. Mothers, in their role as both spiritual and practical guides, must teach their children the importance of both hard work and faith. In times of economic difficulty, it is crucial that mothers do not allow their children to feel neglected or helpless. Rather, they should empower them to be independent, responsible, and resourceful from a young age. Teaching children the value of thriftiness, the importance of using resources wisely, and the benefits of hard work can help them lead a fulfilling life, both materially and spiritually. The mother's guidance in this aspect is fundamental in shaping children who will grow up to be self-sufficient, balanced individuals who understand the importance of contributing to both their community and the world.

Therefore, the author can conclude that a woman who has the status of a single parent for her children has the responsibility to provide education and shape the child's personality, for which children need to be supplied by educators in the form of Islamic education such as *aqidah* education, moral education, intellectual education, physical education and economic education. Mother is the first and main *madrasah* for her children. If their education is neglected, and their personality formation is carried out unprofessionally, then they will become a disaster for their parents and a nuisance for society and humanity as a whole [41], [42].

CONCLUSION

Based on the results of the study, it is concluded that educating children is carried out by single parents, especially single mothers, by instilling physical, intellectual and spiritual education in training and accustoming children to carrying out activities according to applicable regulations. The role of parents as those responsible for the independent education and physical, intellectual and spiritual development of children is currently faced with problems caused by the increasingly strong flow of information and globalization, some of which have an impact on the destruction of moral values. The family (single parent) is obliged to educate, for example introducing the importance of maintaining health (physical), directing children to the right path in pursuing a path to achieving success in life (intellectual), and teaching and understanding children about religion and beliefs (spiritual). The concept of a single parent refers to an individual who carries out the role of caring for children within the family structure without the involvement of a husband or life partner. The main task faced by single parents is to provide deep love, strong protection, valuable education, and fulfilling daily needs for their children. Especially in terms of parenting, single parents often face varied challenges, especially in the educational aspect. Nevertheless, it is very worrying to see that many of them have managed to overcome these educational obstacles. On the contrary, they can raise children with extraordinary competence and achieve success in guiding and caring for children with a good level of quality and even success.

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Author Contribution

All authors contributed equally to the main contributor to this paper, some are as chairman, member, financier, article translator, and final editor. All authors read and approved the final paper.

Conflicts of Interest

All authors declare no conflict of interest.

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